

THE ESSENTIAL PLAYERS AND MANGERS FOOTBALL CHECKLIST

This checklist covers all of the equipment you will need for this seasons matches and training sessions. If you still haven't got all of your essentials, we have added links to many of the products on this list to help you find exactly what you need.

MANGERS MATCH AND TRAINING ESSENTIALS

- Football kits
- Goalkeepers gloves
- Footballs – Match & Training
- Ball Pump & Pressure gauge
- Ball sack
- Football nets
- Net pegs & Net hooks
- Mallet
- Water bottles & Carrier
- Corner flags
- Respect barrier
- Mobile phone
- Contact list
- Whistle
- Stop watch
- Training bibs
- Markers & cones
- Note pad & Pens

EXTRAS

- Tactics board & Marker pens
- Stud spanner
- Industrial strength tape
- Spare kit- shin pads / socks /shorts

PLAYERS

- Football kit
- Football boots
- Warm training wear
- Base layer
- Shin pads
- Waterproof
- Spare trainers
- Towel
- Kit bag
- Water bottle
- Snacks

FIRST AID KIT

- Big Plasters
- Elasticated bandages
- Large sterile dressing
- Waterproof dressing
- Antiseptic wipes
- Instant ice pack
- Freeze spray
- Heat spray
- Scissors
- Latex gloves
- Tape